

# BLAST OFF (PRESCHOOL)

WEEK 2

## BIG IDEA

People can help our faith grow.

## BIBLE

A Paralyzed Man is Brought to Jesus: Mark 2:1-12

### ACTIVITY | Balloon Bop

- Last time, we found out that we can spend time with God. Today, we will hear about a man who really, really wanted to spend time with God, but he couldn't because he was paralyzed. (Paralyzed means he couldn't walk!)-
- Let's pretend this balloon is the paralyzed man in today's story.
- **INSTRUCTIONS:**-*Blow up a balloon, then use a permanent marker to draw a face on it.-Have your everyone take hold of a corner of a towel or blanket and wave it up and down to bop the balloon. Try to work together to keep it up as long as possible*
- Wow you are all very good friends! The paralyzed man in today's Bible Story needed friends to help him meet Jesus. And we will soon see that he had four very good friends... just like you!
  - **TODDLER HACK:**-*Have your toddlers each hold a corner of the towel or blanket, then place a balloon in the middle of their "mat." Have them transport the balloon from one side of the room to the other without the balloon falling off.*

### MUSIC | Worship Time

- **INSTRUCTIONS:**-*Spend some time singing with your preschoolers. You can select any songs you'd like, but for this lesson we like:*
  - "[A Friend Loves at All Times](#)" by Summit Kids

- "[Love One Another](#)" by Yancy

## THE BIG IDEA | People can help our faith grow.

- **INSTRUCTIONS:**-Each week, do a big reveal (and make it fun) when you announce the Big Idea. This week, shout the Big Idea, then point to the kids and have them shout it back (you can change it up by using funny voices and different volumes or inflections).
- This week's Big Idea is:-**People can help our faith grow!**

## VIDEO | Blast Off, Episode 2

- **INSTRUCTIONS:**-Play this week's preschool [teaching video](#).

## BIBLE STORY | Mark 2:1-12

- **INSTRUCTIONS:**-Look up the story in your Bible and read it to your preschoolers.
- In this Bible story, the paralyzed man needed to get to Jesus, but he couldn't get there on his own. He needed his friends to help him get there.
- The man's friends carried him to Jesus, but the place was so busy that they couldn't get inside. So they took him up to the roof!-**Can you point to where the roof is?**
- The friends lowered the man down in front of Jesus. And Jesus healed him! The man could walk now!-
- Just like the man in this story, we have people we know that help us get closer to Jesus. They can pray for us and show us God's love.
- Just like the four friends, you can help your friends get closer to Jesus by praying for them and showing them God's love.-

## ACTIVITY | Kid on a Blanket

- Jesus healed the paralyzed man and he could walk again! But he also forgave the man of the things he did wrong in the past. Things you do that God doesn't want us to do are called "sins."
- **INSTRUCTIONS:**-*Gather your preschoolers together around a blanket or towel. Practice saying: "Your sins are forgiven," like Jesus said in the Bible story. Let the kids take turns sitting on the blanket or towel while the others pull them across the room (with an adult's help). When they get to the other side, have the rest of the kids say, "Your sins are forgiven" and have the kid walk back to the group.*
- Isn't God amazing? God can heal us when we are sick, and forgive us when we sin! And we can get to know God more through other people who love God!-
  - **TODDLER HACK:**-*Have them lay down on the blanket without moving. When you say, "Your sins are forgiven," have them stand up as fast as they can.*

## PRAYER

- **Dear God, thank you for our family, our friends, all the people in our lives who help us know you. Help us to notice the people who need our help, too!**

## MEMORY VERSE | Psalm 119:105 (NIV)

- **INSTRUCTIONS:** *Introduce kids to this month's memory verse, teaching them the signs (a combination of SEE and ASL) [we've provided](#).*

## PLAY TIME

## ACTIVITY | Friendship Building

- **INSTRUCTIONS:**-*Let your preschoolers play with blocks or LEGO bricks. Encourage them to build towers, but tell them they have to do it while helping each other. Each person can only lay one block down at a time,*

*so they have to work together to build a tower. You could also tell them to build towers with their eyes closed, while others help them.*

- It's a great feeling to be able to help people out! When we show God's love by caring for others like that, we show that **people can help our faith grow!**